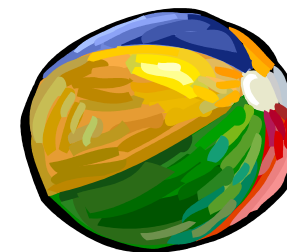




# Summer Menu 2014



## GRAINS - PROTEIN - FRUITS - MILK

At breakfast, students may select **three** or **four** of the above food groups to complete their meal.

At least one of these choices **MUST** be from the fruit group.

All menu selections must be made by the student.

WEEK	Monday	Tuesday	Wednesday	Thursday	Friday
	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
<b>A</b>	Cinnamon Roll Assorted Cereal Graham Crackers Fresh Fruit 100% Fruit Juice Assorted Milk	Breakfast Burrito Strawberry Pop Tart with Mozzarella Cheese Stick Fresh Fruit 100% Fruit Juice Assorted Milk	Omelet with Corn Muffin Assorted Cereal Graham Crackers Fresh Fruit 100% Fruit Juice Assorted Milk	Pancake Sausage Wrap Yogurt with Graham Bites Fresh Fruit 100% Fruit Juice Assorted Milk	Blueberry Waffles Assorted Cereal Graham Crackers Fresh Fruit 100% Fruit Juice Assorted Milk

## GRAINS - PROTEIN - FRUITS - VEGETABLES - MILK

At lunch, students may select **three**, **four**, or all **five** of the above food groups to complete their meal.

At least one of these choices **MUST** be from the fruit or vegetable group.

All menu selections must be made by the student.

WEEK	Monday	Tuesday	Wednesday	Thursday	Friday
	Lunch	Lunch	Lunch	Lunch	Lunch
<b>A</b>	Cheese Pizza Corndog Sweet Potato Gems Baby Carrots Fresh Fruit Assorted 100% Fruit Juice Assorted Milk	Chicken Tenders w/Roll (*Buffalo Tenders Optional) Beef & Bean Burrito Plantains Salad Cup Fresh Fruit Assorted 100% Fruit Juice Assorted Milk	Jumbo Pizza Bagel Blueberry Muffin Platter Broccoli Baby Carrots Fresh Fruit Assorted <i>Rips 100% Fruit Slush</i> 100% Fruit Juice Assorted Milk	Soft Taco (IW) Chicken Patty Sandwich Corn Salad Cup Fresh Fruit Assorted 100% Fruit Juice Assorted Milk	Macaroni & Cheese w/Roll PB & J Sandwich w/Cheese Stick Baked Beans Baby Carrots Fresh Fruit Assorted 100% Fruit Juice Assorted Milk

WEEK	Monday	Tuesday	Wednesday	Thursday	Friday
	Lunch	Lunch	Lunch	Lunch	Lunch
<b>B</b>	Cheese Pizza Chicken Patty Sandwich Sweet Potato Gems Baby Carrots Fresh Fruit Assorted 100% Fruit Juice Assorted Milk	Chicken Tenders w/Roll (*Buffalo Tenders Optional) Beef Nachos Corn Salad Cup Fresh Fruit Assorted 100% Fruit Juice Assorted Milk	Jumbo Pizza Bagel Banana Muffin Platter Broccoli Baby Carrots Fresh Fruit Assorted <i>Rips 100% Fruit Slush</i> 100% Fruit Juice Assorted Milk	Mini Cheeseburger Sliders Soft Taco (IW) Plantains Salad Cup Fresh Fruit Assorted 100% Fruit Juice Assorted Milk	Chicken Nuggets w/Roll PB & J Sandwich w/Cheese Stick Baked Beans Baby Carrots Fresh Fruit Assorted 100% Fruit Juice Assorted Milk
WEEK	Monday	Tuesday	Wednesday	Thursday	Friday
	Field Trip	Field Trip	Field Trip	Field Trip	Field Trip
<b>A</b>	PB & J Sandwich w/Cheese Stick + Graham Cracker Assorted Fresh Fruit Baby Carrots Milk	Turkey and Cheese Flatz + Cheez-It Crackers 100% Fruit Juice Cauliflower Florets Milk	Ham and Cheese Flatz + Pretzel Goldfish Assorted Fresh Fruit Broccoli Florets Milk	Turkey and Cheese Flatz + Cheez-It Crackers 100% Fruit Juice Celery Sticks Milk	PB & J Sandwich w/Cheese Stick + Graham Cracker Assorted Fresh Fruit Baby Carrots Milk

*\*Menu Subject to Change without notice*